

UCLA Financial Wellness Resource Guide

Prepared by the Financial Wellness Program. For more information on financial literacy workshops and resources, please contact UCLA's Financial Wellness Coordinator, Sara Potter, at spotter@saonet.ucla.edu.

Financial-Specific Support:

1. Financial Aid Office - A-129J Murphy Hall, Service Counter 9am-4pm

Phone Assistance: **(310) 206-0400 M-F 10am-noon & 2-4pm**

Assists with completing the application for financial aid, determining level of need and offering financial aid to meet educational expenses. <http://www.fao.ucla.edu/index.htm>

2. Student Loan Services & Collections -

A. *Loan Services Office: A-227 Murphy Hall, M-F 9-5pm (310) 825-9864*

Electronic loan disbursement, Paper loan check disbursement, Parent PLUS Loan disbursement, Online Debt Management Session/Entrance Exam, Exit Interview packaging and counseling, Campus-based loan document processing, Short-term loans, Budget counseling. <http://www.loans.ucla.edu>

B. *Collections Office: 10920 Wilshire Blvd., Suite 720, M-F 8-5pm (310) 794-2812*

Call for loan repayment counseling, Campus-based student loan repayment, Temporary alternative payment plans, Deferments, Cancellations, debt management counseling, Resolution of delinquencies, Delinquent long and short-term loan recovery, Campus delinquent debt recovery, Exit papers. <http://www.loans.ucla.edu>

3. University Credit Union - Ackerman A-Level, M-F 8:30-5pm (310) 477-6628

A non-profit financial institution with financial literacy resources for UCLA students as well as different banking account, tuition and textbook scholarships & loan options.

www.ucu.org

4. USAC's Financial Supports Commission (FSC) - Kerckhoff

Student run, FSC is a branch of UCLA student government that advocates for students' financial needs.

They have created loan programs, host workshops, connect with external partners and brainstorm student initiatives. For information on how to join or attend a meeting please send the commissioner an email.

usafsc@asucla.edu

5. Economic Crisis Response Team (ECRT) - Room 2131 Murphy Hall

A resource for students to use when in an extreme economic crisis after they have tried reaching out to other entities. ECRT can help a student navigate financial resources and find emergency funding. Contact the ECR team by emailing: ECR@saonet.ucla.edu

6. Student Legal Services -A239 Murphy Hall, M-F 9-12pm & 1-5pm, (310) 825-9894

Provides low-cost confidential legal counseling and assistance regarding a wide range of legal issues to all currently registered and enrolled UCLA students.

<https://www.studentlegal.ucla.edu/index.php>

7. Volunteer Income Tax Assistance (VITA) - 405 Kerckhoff Hall

Non-profit organization that provides free tax services to the Los Angeles community. They are able to file your Federal and California tax returns and provide tax consultation.

E-Mail: vita UCLA@gmail.com
<http://vita UCLA.wix.com/vita UCLA>

Specialized Centers:

1. Bruin Resource Center (BRC) - Student Activities Center B44, M-F 9-5pm (310) 825-3945

Serves all UCLA students, with a focus on current and former foster youth, students with dependents, student veterans, transfer students, and undocumented students. Provides holistic development and education of the student and campus community. Houses the Intergroup Relations and Student Development and Coaching programs.

<http://www.brc.ucla.edu/>

2. LGBT Center - Student Activities Center B36, M-R 8:30am-6pm F 8:30am-5pm (310) 206-3628

The UCLA Lesbian Gay Bisexual Transgender Campus Resource Center is the provides a comprehensive range of education and advocacy services supporting intersectional identity development. Foster unity, wellness, and an open, safe and inclusive environment for lesbian, gay, bisexual, intersex, transgender, queer, asexual, questioning, and same-gender-loving students, faculty, staff, alumni, their families, and the entire campus community.

www.lgbt.ucla.edu

3. Dashew Center for International Students: Bradley International Hall #106, M-F 8:30-5pm, (310) 825-1681

Provides resources for international students in non-immigrant visa status. Information on loans, gaining an SSN, programs and workshops, employment authorization based on economic necessity.

www.internationalcenter.ucla.edu

Scholarships, Fellowships & Grants:

1. Scholarship Resource Center - 233 Covell Commons, M-F 11am-6pm (310) 206-2875

Provides scholarship information, resources, workshops and writing support services to all UCLA students, regardless of financial aid eligibility. Primarily assists UCLA's undergraduate students, but offers resources for graduate students as well. All services are no charge.

<http://scholarshipcenter.ucla.edu/sandbox/home/index.html>

2. Graduate Division - 1228 Murphy Hall, Walk-Ins M-F 9am-4pm (310) 825-1025

Provides substantial support for its graduate students through fellowships, financial assistance, traineeships, and teaching and research assistantships. Check out G.R.A.P.E.S., which is their website's external graduate fellowships & grants search engine. Email: uclafellowship@grad.ucla.edu

<https://grad.ucla.edu/>

3. Commuter Parking Scholarships - USAC's FSC Facebook Page

The Financial Support Commission raffles these off from their facebook page. Each Scholarship is \$100.00 each.

Facebook Page: UCLA USAC Financial Supports Commission

Finding Employment:

1. Career Center - Strathmore Building 501, M-F 9-5pm (310) 206-1915

Center for undergraduate, graduates and alumni, BruinView job search engine, career counseling, internship help, graduate school counseling, workshops & events, job fairs and interview skills.

<http://career.ucla.edu/>

2. ASUCLA - Kerckhoff Hall 219 (310) 825-7055

Offers jobs and career opportunities to students in Administration, UCLA Restaurants, and UCLA Stores.

www.asucla.ucla.edu

Online Resources:

1. iGRAD:

Provides mandatory entrance loan counseling, financial literacy assessments and educational videos on various finance topics.

<http://www.igrad.com/>

2. CashCourse

CashCourse is a FREE real-life guide to taking charge of your money. Their online personal finance tools help you build real-life-ready financial skills. Students at more than 800 schools across the country use CashCourse.

<http://www.cashcourse.org/>

3. E-Bates

Cash back earning website for thousands of popular online stores. Receive free money after your friends create and use an account from your reference. The website will mail you a check every few months with the cashback you've earned.

www.ebates.com

4. RetailMeNot

Coupon code website for the online shopper. Provides discounts for thousands of popular online stores.

www.retailmenot.com

Printing & Loaning Services On Campus:

1. Lab Coat Loans - USAC FSC Office in Kerckhoff Hall

Free of charge and available to students at the beginning of each quarter through a Google Form reservation system - first come, first serve.

2. iClicker Loans - Media Lab, 270 Powell Library

Rent or loan iClickers for a quarter

3. CCIC Laptop Loans - All Libraries

Loan stations found at all libraries on campus. Free Laptop loans up to 8 hours. Late fees apply.

4. Free Printing Services - Graduate Resource Center, The Hill, LGBT Resource Center, Computer labs

Food Resources:

1. CPO Food Closet - Student Activities Center 111, M-F 10am-3pm

For UCLA students who may be experiencing hunger and/or struggling to attain food due to financial hardships. The Food Closet accepts stock and checks as donations. Fresh produce, canned goods and toiletries.

<http://www.cpo.ucla.edu/cpo/food-closet/>

2. Cafe 580 - St. Alban's Episcopal Church on Westholme Ave / Hilgard Ave., Office Hours M-F 8-1pm, (310) 208-6516

Free food, hot meals, kitchen and internet access available for financially struggling students. Please call for details.

3. Food Depot - University Religious Conference 900 Hilgard Ave., room 308, M-F 10:30-4:30 PM, (310) 208-5055

A safe space for UCLA students of all backgrounds to pick up much-needed groceries. Promotes awareness that there are students without sufficient food resources—and works to address their needs. Partners with CPO Food Closet and 580 Cafe to address hunger issues on campus.

urcfooddepot@gmail.com

4. ECRT Meal Vouchers - 2131 Murphy Hall

A limited amount of dining commons meal vouchers available to students who meet at-need criteria. These vouchers are distributed at various locations on campus. For more information, email ECRT.

ecr@saonet.ucla.edu.

5. Twitter @Hungry_Bruin

Twitter account operated by a graduate student in education. The account provides updated information on free and low-cost food both on and off campus.

6. CalFresh (Food Stamps) and General Relief Applications - Apply online or find your closest office.

dpss.lacounty.gov

Housing Resources:

1. ECRT Emergency Housing - 2131 Murphy Hall

If a student is in an economic crisis and/or is in need of housing assistance, s/he can e-mail the committee.

A response to the student will be provided within 24 hours. Once a student contacts ECR TEAM, their financial needs are assessed, and if housing is needed, the student will be offered a room in

University-owned property for up to 14 days.

ecr@saonet.ucla.edu.

2. Housing Opportunities for Meaningful Education (HOME) - University Religious Conference 900 Hilgard Ave., (310) 208-5055

In conjunction with the Chancellor and Vice Chancellor of Student Affairs offices, HRC provides low cost residential community for students who demonstrate academic excellence, financial need and travel great distance. In exchange for reduced housing costs, HOME students commit to 30 hours of campus or community service per month.

info@URCatUCLA.com

Health and Well-Being

1. Counseling and Psychological Services (CAPS) - John Wooden Center West, M-Th 8-8pm & F 9-5pm, Crisis Counseling 24 hrs by phone (310) 825-0768

CAPS offers short-term, goal directed treatment which may include screenings, crisis intervention, individual one-on-one counseling, group therapy, referrals, and medication. CAPS provides workshops and trainings to staff and students. CAPS also offers sexual violence prevention education and response through the Campus Assault Resources and Education (CARE) program. CAPS is available to all registered students. Prepaid for students with USHIP, students without USHIP pay \$15.00 a session.

<http://www.counseling.ucla.edu/>

2. Arthur Ashe Student Health and Wellness Center - M-R: 8-5:30pm F 9-4:30pm Sat 9-12pm, Main Line: (310) 825-4073 and 24/7 Nurseline: (877) 351-3457

Comprehensive services include Primary Care, Women's Health, Immunizations, Travel Medicine, Physical Therapy, Specialty Clinics, Optometry, Acupuncture and Massage. Call the main line and press option #4 for insurance coverage questions.

<http://www.studenthealth.ucla.edu>

3. Santa Monica Rape Treatment Center - 1250 16th Street, 24/7, (424) 259-6000

Provides free medical care, counseling, telephone consultation and evidence collection for sexual assault victims.

www.rapetreatmentcenter.org

Financial Resource Apps:

1. Mint

Free phone app that helps you create budgets, receive alerts for unusual account charges and bill reminders, and get custom tips for reducing fees and saving money. The app gives your free credit score and teaches you how you can improve it now to get the things you want later.

<https://www.mint.com/>

2. Square Cash

Send and request money for free with this phone app. Financial incentives for referring friends and trying the service. Great way to split meal checks and pay friends back.

<https://square.com/cash>

3. VenMo

Similar to Square Cash, but is not as private. Transactions can be posted on the app's social media feed or Facebook if desired.

<https://venmo.com/>